



FCA PowerKids NFL Flag Football



Integrity On The Field

Week #1 Catch Phrase: "Do the right thing!"

Luke is playing a great game. He is making great plays, but it has come down to the last play of the game. His team is down 6 points and he still needs his team catch. In the huddle his coach tells him to run a passing route to the end zone and look for the ball.

Luke sprints down the field to the end zone and the ball was in the air right to him, but it was floating a little long. He dives for the ball and appears to make an amazing catch, but it was hard to tell if the ball hit the ground or not. Luke knew the right answer though. The referee comes over to Luke to ask him if he caught the ball or not.

Luke had a decision to make. Would he tell the truth or not? Integrity is doing the right thing even when no one is looking.

Questions:

If you were in Luke's shoes, what would you tell the referee at that moment?

What does the Bible say about a person who has integrity? Read Proverbs 10:9 (pg. 585)

INTEGRITY 101

**Integrity is doing the right thing
even when no one is watching**

The Bible tells us many things about integrity. Look up the following verses in the Bible and summarize what God is saying to you through His Word.

Titus 2:7 (page 1194) and Proverbs 4:23-27 (page 581)

Luke had a decision to make. He knew the ball hit the ground as he was catching it, but he also knew he was the only one who saw it happen. The referee asked Luke, "Son, did the ball hit the ground?" If he answered no, his team would win, but if answered yes, they would lose the game. Luke, however, had integrity in his heart and told the ref the ball hit the ground. His teammates were sad, but his coaches praised him for doing the right thing! God wants us to do the right things in our life. He loves an honest heart!

Work It Out:

At Home: Talk with your parents about how they had to use integrity at their workplace.

- List different ways during a game where your integrity can be put to the test.
- When was a time when you were tempted to do the wrong thing in a game? Talk it out with your family.

Live It Out: Always be honest and tell the truth. Doing the right thing might not always be easy, but it will always be the right thing to do, even if it costs you a big play or a game.

Shout It Out: Memorize one of the following verses:

*"To the faithful you show yourself faithful; to those with **integrity** you show **integrity**. 2 Samuel 22:26*

*People with **integrity** walk safely, but those who follow crooked paths will slip and fall. Proverbs 10:9*

Parent signature

Date