



# FCA PowerKids NFL Flag Football



## Excellence At Home

### ***Week #8 Catch Phrase: "Work Hard and Never Give Up"***

Can you believe it, we are back in school already and the homework is piling up too. Luke has more homework than he had last year. Homework does not come easy for Luke either. "Mom, I just want to quit, I can't get this problem", he said. "Luke, remember what your coaches told you that last game? They said 'work hard and never give up' and that is what you need to do with this problem too", she said. Luke knew she was right, but still wanted to give up. He finished his work and Mom had something else for him to do right away. Again, he thought he could never do it right or get it done.

#### **Questions:**

I have a great friend, Tanya Crevier-World Famous Basketball Dribbler, who says our catch phrase all the time. Why is it important to work hard and never give up?

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Read Genesis 6-7:1-5 (page 48-49) What if Noah did not do his very best what would have happened?

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What was the key phrase found in these verses? What would have happened if Noah had not done everything that God had commanded?

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**EXCELLENCE 201**

**Everyday do something that will  
inch you closer to a better tomorrow**

Being excellent outside the of sports world is as important as being excellent on the field. Let's review some verses we learned earlier in our lessons.

What do the following verses say about excellence in our life with God?

Ecclesiastes 9:10 (page 610)

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Colossians 1:9-10 (page 1162)

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Luke tried his best to do what his mom had asked, but it did not meet her high standard. She had him do it again until he got it right. Luke learned that being excellent at home was very important too. Jesus holds high standards for our lives too. He wants us to be excellent in all we do to honor Him. Anything you do for the Lord is worth doing with all your heart, soul, mind, and strength. So always, work hard and never give up.

**Work It Out:**

**At Home:** Ask your parents what are some things they would like to see you doing a better job at in your life. (ex. Homework, chores, reading your Bible)

- Work on a plan to starting improving in all these areas. Parents make sure you encourage your child when you see good effort.
- Talk about why God wants our very best all the time. Pray and ask God to give you strength to work hard and never give up.

**Live It Out:** Our catch phrase says it all...Work hard and never give up!

**Shout It Out:** Memorize one of the following verses:

*Whatever you do, do it enthusiastically, as something done for the Lord and not for men...Colossians 3:23*

*And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him. Colossians 3:17*

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Parent signature

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Date