

Announcing... The 2007 I.C.T.N. Triathlon Camp

**Date: January 26-28, 2007
Phoenix, Arizona**

**Time: Friday Morning
through Sunday Noon**

Registration Fees:

Sept. 1 to T-Giving—\$195

T-Giving—Dec. 31—\$205

Dec. 31—Jan. 13—\$225

**Open to all endurance athletes, runners,
cyclists, duathletes, triathletes, etc.**

**Also, spouses, race directors, coaches
and anyone else who wants to attend are
more than welcome to come.**

**For more information and/or to register,
go to: www.ICTriNet.com**

**Contact person: Lincoln Murdoch
Runner4G@aol.com**



Athletes in Action



ENDURANCE FUELS



Some of the special guests coming this year...

- Heather Gollnick ~ Three Time Ironman Champion
- Jamie Whitmore ~ '04 Xterra Triathlon World Champion, 4x USA Champion
- Brent McMahon ~ '04 Olympian, '05 Xterra World Championships—3rd Overall
- Dan Morwood ~ Ironman finishes—9:33 (18th Overall) & 9:38 (14th Overall)
- Kirk Nelson ~ 1st Overall 5430 Tri Series, '05 Team USA Member
- Brian Grasky ~ 1st AZ Best of the US Triathlon, Top Xterra A/G National Ranking
- Steve Born ~ Ultra-distance cyclist, 3x RAAM Finisher, Hammer Nutrition Specialist
- Dr. Marc Strickland ~ Ps.D. Sport Psychologist, Researcher on Olympic Excellence
- JR Rosania ~ Former Phoenix Suns Conditioning Coach, 17x Ironman Finisher