

# FCA Race to Commencement 5K Fun Run

**Proceeds will benefit Fellowship of Christian Athletes**

**Date: 05/01/10**

**Time: 8:30am**

**Pre-register by: 04/23/10**

**Entry fees:**

- \$10.00 registration by April 17
- \$15.00 registration by April 23
- \$20.00 walk up pre-registration April 29,-30
- \$25.00 registration at race

Register online at [active.com](http://active.com)

The race will be held at the Fresno State Satellite Student Union.

**Contact person: Sarah Holmsten, FCA staff**

**Office Phone: 559-439-4081**

**Fax: 559-439-4029**



## PRIZES

T-Shirts will be given to the first 500 registered participants.

## Special Thanks to:



**Mail form and entry fee**

5K Road Race  
c/o FCA  
5724 N. Fresno Street  
Fresno, CA 93710

Phone: 559-439-4081  
E-mail:  
[fca.race2commencement@gmail.com](mailto:fca.race2commencement@gmail.com)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

T-shirt Size: S M L XL

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

Group (circle one): Runners Walkers

I understand that this document (on back of form) is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_

RELEASE OF LIABILITY, WAIVER OF RIGHT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS

2009 Race to Commencement

May 1, 2009

Fresno State University

In consideration for being allowed to participate in this Activity, I **release from liability and waive my right to sue** the State of California, the Trustees of The California State University, California State University, California State University, Fresno, California State University, Fresno Association Inc., California State University, Fresno Foundation, Inc, California State University Fresno Athletic Corporation, and their employees, officers, volunteers and agents (collectively "University") from any and all claims, **including the University's negligence**, resulting in any physical injury, illness (including death) or economic loss I may suffer because of my participation in this Activity, including any travel to and from the Activity.

I am voluntarily participating in this Activity. I understand that there are risks, such as physical and/or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability or even death, which may occur from my participation in this Activity. These injuries or outcomes may arise from my own or other's actions, inactions, negligence, or from the condition of the Activity location(s) or facility(ies). **None-theless, I assume all related risks, whether known or unknown to me, of my participation in this Activity, including travel to and from the Activity.**

I agree to **hold** the University **harmless from any and all claims, loss or damage to my personal property, liabilities and costs, including attorney's fees**, as a result of my participation in this Activity, including travel to and from the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University.

If I need medical treatment, the University is authorized to obtain medical treatment for me. I will be financially responsible for any costs of such treatment. I agree that I will not hold the University responsible for any claims resulting from any medical treatment. I am aware that the University does not provide health insurance for me and I should carry my own health insurance.

I am 18 years or older. I have read this document, and I am signing it freely. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) waiver of my right to sue the University, (c) and assumption of all risks of participating in this Activity, including travel to and from the Activity.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.



Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

***If Participant is under 18 years of age:***

I am the parent or legal guardian of the Participant. I have read this two-page document, and I am signing it freely. **I understand the legal consequences of signing this document, including (a) release of University from all liability on my and the Participant's behalf, (b) waiver of my and the Participants' right to sue, (c) and assumption of all risks of the Participant's participation in this Activity, including travel to and from the Activity.** I allow Participant to participate in this Activity. I understand that I am responsible for the obligations and acts of Participant as described in this document. I agree to be bound by the terms of this document.

\_\_\_\_\_

\_\_\_\_\_

Signature of Minor Participant's Parent/Guardian

Date

# FCA Race 2 Commencement Race Course Map

