



## Northern Maryland FCA Varsity Lacrosse

### Introductory Information 2010 Spring Season

Welcome parents and players!!

We are anticipating our fifth lacrosse season as an FCA team. We are currently scheduling games for this season and intend to have another full game schedule with both pre-season scrimmages, games and a possible tournament. This team is a varsity level team committed to diligent practice, serious competition, and most importantly, Christian discipleship. We believe there is much character developed through the participation on this team. We ask all players to commit themselves to giving their best for God's glory at all times!

#### **Registration Fee**

\$300.00 payable to FCA Varsity Lacrosse due by February 1, 2010

Mail registration fee and forms to:

Maria Miner (443-540-3379)

7608 Gremecy Park Rd

Kingsville, Maryland 21087

#### **Player Eligibility**

**Educational Status** Each player must be a home schooled student or enrolled in a private school that does not have a lacrosse team. Additionally, the player must be studying at the high school level (grades 9 - 12).

**Age** A player shall be between the age of 14 and 18 years old as of January 1st of this school year.

**Weight** Minimum weight of 100 lbs.

**Tenure** A player may only play a total of four seasons of high school lacrosse.

#### **Equipment/ Uniform**

Team provides practice jersey and game jersey which remain team property.

Each player is provided game shorts.

First year players are provided with team jacket, sweat pants, sweat shirt and tank shirt.

Players must provide stick, shoulder pads, arm pads, protective cup/ supporter, gloves, mouth guard, cleats and helmet. **Helmets must be white.**

**Note:** FCA helmets are available for purchase. If interested in purchasing a new helmet, contact Ryan Horanburg (FCA Lacrosse) 410-891-2643.

Visit <http://www.harrowsports.com/stores/fca> for other FCA gear.

### **Season Schedule**

Practice will commence on Monday, March 1, 2010. Practice will be daily, Monday through Friday, 3:30 – 5:30 pm subject to adjustment as required. Our home field is located at Beachmont Christian Camp, Kingsville. Once games begin, we anticipate playing two games per week until mid May.

Players are expected to attend all practices and games. Attendance of each player is critical to the success of the team!

### **Insurance**

Each player shall have personal medical insurance coverage. FCA provides insurance coverage which is secondary to the individual's primary coverage. The cost for FCA's insurance coverage is included in the player registration fee.

### **Team Staff**

FCA Director	Steve Medinger	410-459-5546	<a href="mailto:smedinger@fca.org">smedinger@fca.org</a>
Head Coach	Rocky Rhodes	410-322-8618	<a href="mailto:rhodeshome@prodigy.net">rhodeshome@prodigy.net</a>
Assistant Coach	Jack Wotell	443-243-3529	<a href="mailto:jbwotell@comcast.net">jbwotell@comcast.net</a>
Team Manager	Kim Stumpf	410-663-0252	<a href="mailto:kimstumpf@comcast.net">kimstumpf@comcast.net</a>