



# 2009 Second Annual *EASTERN NORTH CAROLINA FCA* Kickers and Long Snappers Clinic

## LOCATION

**JH ROSE HIGH SCHOOL  
600 W. ARLINGTON BLVD.  
GREENVILLE, NC**

## Schedule

8:45 – 9:00	Registration
9:00 – 10:00	Body Movement and Stretching Instruction
10:00-12:00	Drill Work in Small Groups (Kickers, Punters, Long Snappers)
Noon	<i>LUNCH and TESTIMONIALS</i>
1:00– 1:30	Discussion sessions and demonstrations
1:30 – 2:30	Demonstrations and Additional Drills
2:30 – 3:30	Practice Game Situations (Kickers, Punters, Long Snappers)
3:30 – 3:50	Kick-off Practice
3:50 – 4:00	Final Meeting

**JULY 17, 2009**

**8:45 - 4:00  
\$25.00 PER PLAYER  
RAIN OR SHINE**

## **FOR UPDATED INFORMATION And To Register**

Go to: [www.EasternNCfca.org](http://www.EasternNCfca.org)  
To download Registration Form and  
Student Permission Form

**Contact: FCA Office  
Phone: 252-757-0122  
Email: [dwall@fca.org](mailto:dwall@fca.org)**

- Great Instruction for High School Kickers and Long Snappers from Coaches and College Athletes

- T-Shirt
- Lunch
- FCA Bible



Space is limited. Please return Application and Signed Student Permission Form  
with check to FCA by **July 8, 2009.**

Name of Student (please print): \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Address: \_\_\_\_\_

Age of Student: \_\_\_\_\_ Academic Grade: \_\_\_\_\_ Position: \_\_\_\_\_

Email Address: \_\_\_\_\_ School: \_\_\_\_\_

**Mailing Address: FCA | PMB 171, Suite 400 | 740 Greenville Blvd, Greenville, NC 27858**