

The Gospel

Roy Helu on the Gospel

While the Husker throwback jerseys reminded fans that the NCAA-record 300 consecutive game sellout began in 1962 under Coach Bob Devaney, running back Roy Helu was also wearing a spiritual reminder that is written on his arms for the game as well.

"I use focal points that remind me that competing in sports is not about my glory—but God's. Not about my selfish desires—but about His glory. I often write several parts of Bible verses or phrases on my arms before football games to help remind me of God's grace and sacrifice toward me. In the past, I have written, 'Christ carried the cross' or 'go hard!' These words or focal points remind me of the sacrifice that Christ made for me by dying on the cross to pay for my sins. Since I will no longer face God's wrath, because I have repented and placed my faith in Jesus, how can I do anything less than my best for Him? It's awesome to know that we have a Lord that loves us and has been so gracious to us. Besides experiencing a peace each day because of the Gospel, I can't wait to spend eternity in Heaven."

Following the Husker's 55-0 victory over Louisiana Lafayette and the Husker celebration of 300 consecutive game sellouts, Helu talked about the importance of the Gospel.

"Before I placed my faith in Christ, I was pursuing all the wrong things which left me empty. I would describe my life as "broken" before I came to know Christ. After leaving my home in California to attend Nebraska, I realized during my freshman year that I was a sinner and needed to repent or turn away from my sin and place my faith and trust in Christ. I had professed Christianity growing up but I had never truly possessed true faith. It wasn't until that moment in a local restaurant when I prayed to receive Christ that I really understood what it means to be a Christian."

So what is the Gospel? It's the good news about God's saving activity in the person and work of Jesus Christ. Because we have all sinned and deserve to be punished for missing God's mark of perfection, we need a savior which included God becoming man in the body of Jesus Christ and living a sinless life which fulfilled the perfect law of God; his substitutionary death on a cross which paid the penalty for man's sin and satisfied the righteous wrath of God. Finally, it includes his resurrection which demonstrated God's satisfaction with his sacrifice; and his glorification and ascension to the right hand of the Father.



WARM-UP

1. Watch the internet videos. Go to www.youtube.com and search for "Roy Helu on the Gospel." You can also find this video and Roy's player card at www.nebraskafca.org.

WORKOUT

1. Which coach or athlete do you most admire and why?
2. Read Mark 1:14-15. What two things must take place before we can have fellowship with God?
3. Define repentance. How does this differ from grief or remorse (see 2 Cor. 7:9-10).
4. What must we do to be saved? (Luke 13:3, Isaiah 55:6-7, John 1:12, Romans 10:9, 13)
5. What does it mean to possess faith rather than to simply profess it?

WRAP-UP

This week, memorize . . .

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life."
— John 3:16 (ESV)

PRAYER

Lord, thank you for sending Jesus Christ to redeem me—free me from the power and penalty of sin. I recognize that he alone can transform me, restore me to fellowship with you, and give my life eternal purpose when I repent and believe in Jesus Christ as Lord and Savior...

GOSPEL FOCUS

Who does the Bible say Jesus is? The living God, the Holy One, the Savior, the only valid object of saving faith, the sovereign Lord, and the righteous Judge. Who do you say Jesus is? That is the inescapable question. He alone can redeem you—free you from the power and penalty of sin. He alone can transform you, restore you to fellowship with God, and give your life eternal purpose. Will you repent and believe in Jesus Christ as your Lord and Savior?— John MacArthur

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