

Trust

Curenski Gilleylen on Trust

Trust can be defined as “believing completely and totally in someone or something.” Trust is most often built through love and integrity.

Curenski Gilleylen is a Husker sophomore wide receiver that has seen the importance of trust on and off the field.

“I think trust is a vital part of any relationship that you have. It’s when you can depend on someone’s word that you can begin to build upon a relationship with your teammate. Our offensive coaches are always reminding us that we need to focus on doing our job on the field and trust that the other players will do likewise. A successful play depends upon all eleven players taking care of their responsibilities so the play that is called will work.

“Trust is developed by dependability. Once you begin trusting that your expectations will be met that’s when trust will make a difference in the way a team plays.

“An example of this is Roy Helu. We know that when he carries the football, he is going to run as hard as he can each time he runs the ball. We saw that last year and we continue to see it this year. You can trust in his reliability. That includes him catching passes or making blocks.

“Proverbs 3:5-6 says, ‘Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge him and he will make straight your paths.’ It’s important for me to trust in the Lord that He has my very best interest in mind.”

Gilleylen is correct about true peace being possible for those whose driving affections are not worldly, but spiritual, heavenly, and eternal. The more time we can spend thinking about the eternal, the less fearful we become about our present circumstances.

Jesus Christ’s enemies mocked him at his crucifixion saying, “He trusts in God” (Matthew 27:43). In this simple statement, Jesus’ deadliest foes gave testimony of his deep trust in his Father. Jesus’ strength and gladness came from this steadfast trust. At age 12, he told his mother, “I must be about my Father’s business.” On the cross, he said, “Father into your hands I commit my spirit.” From the beginning to the end, Jesus’ trust in God was never broken.



WARM-UP

1. Watch the internet videos. Go to www.youtube.com and search for “Curenski Gilleylen on Trust.” You can also find the interview at www.nebraskafca.org.

WORKOUT

1. Who is someone you trust on your team? Why?
2. Do you consider yourself trustworthy? Why?
3. Which sport requires the greatest amount of trust among teammates in order to be successful?
4. In what ways have you seen trust work on your team? What happens when there is a lack of trust on your team?
5. What are some of the obstacles that stop “us” from trusting completely in God? Why is it hard to trust God?
6. How has God shown you that He follows through on His promises?
7. Read Matthew 17:14-20. What does this story teach us about trusting God?

WRAP-UP

This week, memorize . . . “In God I trust; I shall not be afraid. What can man do to me?” – Psalm 56:11 (ESV)

PRAYER

Lord, I trust you with my life. Help me to . . .

GOSPEL FOCUS

The Gospel is called the “good news” because it addresses the most serious problem that you and I have as human beings, and that problem is simply this: God is holy and He is just, and I’m not. The good news of the Gospel is that Jesus lived a life of perfect righteousness, of perfect obedience to God, not for His own well being but for His people. – R.C. Sproul

Gordon Thiessen is the founder of Cross Training Publishing and serves as the Director of Training and Resources for the Nebraska Fellowship of Christian Athletes. He is author of 12 books for Christian athletes and coaches that can be found at www.crosstrainingpublishing.com. Visit www.nebraskafca.org for more lessons